

KIDS GYM SUMMER CAMPS

Camps for Ages 3*- 5

Camps include songs, stories, arts and crafts, movement, games and guest speakers pertaining to each theme.

2019

Register now!

MINI GYMNASTICS I

June 17-19-21



Twist, turn and jump on the trampoline. Walk on the low beam, go slow on the high beam. Forward rolls, cartwheels, and handstands, too. Bars and rings to name a few!

MINI NINJAS I

June 24-26-28

Become a "Ninja in Training" at this awesome camp! You'll run, jump, vault and climb (on our NEW Ninja line) as we train your "pint-sized" Ninja! Hiii-YA!



MINI WACKY WATER WEEK

July 8-10-12



Get ready for a wet and wild week! Fun with water balloons, bucket brigades, water painting, tie-dyeing and lots of other water experiments. You'll be a "cool" kid at this camp!

DIG THOSE DINOSAURS

July 15-17-19

Join our expedition into the prehistoric world. Use your imagination to wander through caves, swamplands and the rocky world where dinosaurs lived. Learn their names and habitats, and marvel at the size of these creatures from long ago.



CREATURES GREAT & SMALL

July 22-24-26



Where do animals live? What do they look like? How do they move and sound? How do we take care of them? We'll explore all of these questions and be visited by many special animal "friends" throughout the week!

SUPER HERO RESCUE TEAM

July 29-31-August 2

It's a bird! It's a plane! It's Kids Gym Super Hero Kids! Learn safety drills and what to do in case of an emergency. Learn about real life heroes, like police officers and fire fighters! Build your Super Hero muscles—be safe, be smart and have fun!



(MINI) SUPER WACKY WATER WEEK+

August 5-7-9

Very similar activities as our other water camp, but in addition there will be a 15 ft inflatable moon jump water slide, *giant* bubble making and snow cones! +(This camp is \$82 w/registration and \$90 without.)



MINI NINJAS II

August 19-21-23

Same description as Mini Ninjas I Camp. You may sign up for both or either of these camps.



*All campers must be bathroom independent.

Camps for Ages 6-18

GYMNASTICS I

June 17-19-21

Improve your strength, flexibility, balance and skill all in one camp! Beginners through advanced gymnasts will tumble, vault, swing on the rings, jump into our foam pit plus much more!



NINJA WARRIORS I

June 24-26-28

Become a "Ninja in Training" at this awesome camp! You'll run, jump, vault and climb (on our NEW Ninja line) as you train your mind to overcome obstacles and increase strength, body control and discipline.

WACKY WATER WEEK

July 8-10-12

Get ready for a wet and wild week! Fun with water balloons, bucket brigades, water painting, tie-dyeing and lots of other water experiments. This is where all the "cool" kids will be!

TUMBLING & TRAMPOLINE

July 15-17-19

We'll learn tumbling and trampoline skills that can be used for cheerleading, gymnastics or just for fun! Running, jumping, flipping and twisting are all incorporated into this camp—all levels welcome!



GYMNASTICS WITH A FURRY TWIST

July 22-24-26

Come check out this unique camp for gymnasts of all levels! Somersaults, cartwheels, round-offs and handsprings are all a part of the fun! BONUS: Gymnasts will have the opportunity to get a closer look at all the creatures from our Creatures Great & Small.

HOMETOWN HEROES

July 29-31-Aug 2

Learn the skills it takes to be a firefighter or police officer like jumping, climbing and running through obstacles. Check out the inside of a squad car and become a member of the S.W.A.T. Team for a day! You won't want to miss this! (Gymnastics activities are included in this camp—all levels welcome!)

SUPER WACKY WATER WEEK+

August 5-7-9

Very similar activities as our other water camp, but in addition there will be a 15 ft inflatable moon jump water slide, *giant* bubble making and snow cones! +(This camp is \$82 w/registration and /\$90 without.)



NINJA WARRIORS II

August 19-21-23

Same description as Ninja Warriors I Camp. You may sign up for both or either of these camps.

Camp Refund Policy

Tuition refunded up to two weeks before camp begins, minus a \$10.00 processing charge.
50% refund up to 24 hours before camp begins. No refunds after 24 hours prior to camp beginning.

All camps meet M-W-F from 10:00 A.M. - 1:00 P.M.

Tuition for One-Week Camps:

With Annual Registration Fee **\$78.00 per camp+**

Without Annual Registration Fee **\$86.00 per camp+**

+(Super Wacky Water Week Camp is \$82 w/registration and /\$90 without.)

With Annual Registration Fee: use Promo Code "CAMP2019" to receive the discount.

Campers should bring a lunch with drink. Kids Gym likes to foster independence so pack lunches that are "kid friendly".

Children should dress for easy movement. We occasionally go outside (we'll let you know if sunscreen is needed) so make sure your child has appropriate footwear.

TumbleKids Program Schedule

1&2 yr w/parent

Mon 4:30-5:20 pm
Tue 9:30-10:20 am
Wed 5:30-6:20 pm
Thu 9:30-10:20 am

2.5-3.5 yr w/parent

Mon 5:30-6:20 pm
Tue 5:30-6:20 pm
Thu 10:30-11:20 am

3 year

Tue 10:30-11:20 am
Wed 4:30-5:20 pm
Thu 4:30-5:20 pm

4-5 year

Mon 4:30-5:20 pm**
Tue 9:30-10:20 am**
Tue 4:30-5:20 pm TK gym
Wed 5:30-6:20 pm**
Thu 9:30-10:20 am**
Thu 5:30-6:20 pm TK gym

CAMPS

All camps are Mon-Wed-Fri 10:00 am-1:00 pm

OPEN GYM

Tuesday
 11:30 am-12:30 pm

TumbleKids With Parent (1 & 2 Years)

TumbleKids with Parent is family Fun for Everyone! This program is designed to guide you in helping your child 12 months through 2 years of age reach their full potential! Activities include music, finger plays, pretend play, climbing, jumping, beginning tumbling, and active exploration! **Children MUST be 12 months before the beginning of the term. Only one parent /child.**

(4-5 years)**

Held at the same time as 1-2 years with parent. These classes will be held upstairs in our big gym. Equipment used and all activities will be the same as in our regular TumbleKids classes. **Children MUST be 4 years old before the beginning of the term.**

Class Descriptions



“TA-DA!”

TumbleKids With Parent (2½-3½ Years)

This is a transition class for those who are ready for a bit more structure. Elements from both programs are combined to help children have fun and learn to follow circuits independently! **Children MUST be 2 years, 6 months**

(3 Years and 4-5 Years)

The TumbleKids program will encourage children to explore their physical ability and coordination. This will help prepare them for ALL athletics including, of course, gymnastics! But please, don't tell your child about these goals...they think TumbleKids is just Pure Fun! **Children MUST be 3 or 4 years old before the beginning of the term.**

CLASS FEES

	Term 1 June 17-July 26 (6 weeks)	Term 2 July 29-August 30 (5 weeks)	Both Terms June 17-August 30
TumbleKids	\$72.00	\$60.00	\$120.00
Beginner/Advanced Beginner/Boys	\$87.00	\$72.50	\$145.00
Intermediate/Advanced/Teen (All Levels)	\$96.00	\$80.00	\$160.00
Tumbling for Cheer	\$72.00	\$60.00	\$120.00

Sign up for both terms by June 17 and get a week free! Use Promo Code WEEKFREE


Open Gym: \$10 each

Make-Ups: If unable to attend your regularly scheduled class, you are allowed 1 make-up per term (if available). You must notify us prior to your regular class if your child will be absent in order to schedule a make-up.

Gymnastics Program Schedule


Ages 6-18

Beginner Kindergarten	Beginner/ Adv Beginner	Intermediate/ Advanced	Teen All Level	Cheer Tumbling	Boys
Mon 4:30-5:45 pm Mon 5:45-7:00 pm Thu 10:45 am-12:00 pm Thu 4:30-5:45 pm	Mon 4:30-5:45 pm Mon 5:45-7:00 pm Tue 9:30-10:45 am Tue 4:30-5:45 pm Thu 4:30-5:45 pm Thu 5:45-7:00 pm	Tue 5:45-7:15 pm Wed 5:45-7:15 pm	Tue 5:45-7:15 pm	Tue 10:45-11:30 am	Wed 4:30-5:45 pm Thu 9:30-10:45 pm



CAMPS

All camps are Mon-Wed-Fri 10:00 am-1:00 pm



OPEN GYM
 Tuesday
 11:30 am-12:30 pm

Class Descriptions

Beginner & Beginner Kindergarten: For boys or girls with little or no gymnastics experience. Emphasis will be on basic skills and gaining a good understanding of gymnastics terminology.

Advanced Beginner: For boys or girls with a good working knowledge of basic skills and gymnastics terminology. Improvements on those skills and progressive skills for the Intermediate level will be emphasized.

Intermediate: For students who have mastered all gymnastics skills and progressions in the Advanced Beginner level. This class will focus on refining skills, body line and technique, along with the introduction of more advanced skills. Students must have been previously enrolled in the Intermediate level at Kids Gym or have instructor recommendation.

Advanced: For students who have mastered all gymnastics skills and progressions in the Intermediate level. Students must have been previously enrolled in the Advanced level at Kids Gym or have instructor recommendation.

Boys: Beginner through Intermediate levels. See above for explanations of various skill levels.

Teen (All Levels): For students ages 12 & above of all gymnastics levels. Emphasis will be on basic through advanced skills with proper progression. This class is designed with the needs of the teen gymnast in mind.

Cheer Tumbling: For beginning through advanced tumblers. Emphasis will be on the skills used for cheerleading such as somersaults, cartwheels round-offs, handsprings as well as flipping and twisting techniques.

Open Gym (Cost: \$10.00 per workout): Drop-in or pre-register on-line (only pre-registrations are guaranteed a spot). Kids Gym waivers, signed by a legal parent or guardian and payment are required at time of workout.

SUMMER BACKHANDSPRING CLINICS



You'll be amazed at your child's progress and boost in confidence in such a short time! Our expert staff will begin with skill assessment and take your child through a multitude of drills and progressions to help learn one of the most essential skills in advanced tumbling.

Prerequisites: strong vertical handstand and strong bridge

Clinic Dates: June 25, July 16, August 13

Time: 7:15 am-8:15 pm

Cost: \$15.00

Refund Policy: Refunds up to 24 hours prior to the start of Clinic. No refunds after 24 hours prior to start of Clinic.

SUMMER OVERNIGHTS



Parents, take the night off while our expert staff keep the kids busy. Gymnastics, games, music and dancing, supervised practice time, snack, a movie (and sleep) are all part of the fun! Bring a pillow, sleeping bag, toothbrush and p.j.'s.

Friday, July 19 & Friday, August 16

Ages: 6 & up

Time: 8:00 pm-7:00 am

Cost: \$28.00 w/current registration

\$35.00 w/o current registration

Refund Policy: Refunds up to 24 hours prior to the start of Overnight. No refunds after 24 hours prior to start of Overnight.

Parties

Come *actively* celebrate birthdays, holidays and special occasions. Music, games, activities and parachute play are all part of the fun! (Parties are 1½ hours and can be scheduled for Saturdays.)

